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Prologue

Hemostasis tests, whether routine or specialized, play a crucial role in patient management. They enable the assessment of the two main aspects of hemostasis: bleeding risk evaluation and venous thromboembolic disease. One of the key characteristics of hemostasis is the variability of results between patients, highlighting the need for population-specific recommendations to optimize both patient care and treatment strategies.

The objective of this Practical Manual is to provide essential insights for a thorough understanding and accurate interpretation of hemostasis results, particularly for patients whose conditions or pathologies require specific recommendations distinct from those applied to the general population. Among these populations, pediatric patients require special consideration, e.g. as the interpretation of hemostasis tests differs significantly between neonates and three-year-old children. Similarly, in elderly individuals, the progressive decline in organ function due to aging can influence coagulation test results, necessitating in-depth knowledge for proper interpretation. Pregnant women also constitute a distinct group due to the physiological changes induced by pregnancy and their impact on hemostasis.

This Practical Manual also explores pathological conditions that can alter hemostatic balance and affect test results, including renal insufficiency, hepatic diseases, and specific clinical settings such as intensive care units or oncology patients, whose hemostatic equilibrium is often significantly challenged.

The aim of this Practical Manual is to serve as a reference guide for hemostasis interpretation in these specific populations, equipping readers with the necessary tools to confidently analyze test results and optimize patient management.

The Authors

Summary

Prologue	13
Hemostasis in neonates and children	
Summary	16
Developmental hemostasis	
Procoagulant factors	
Anticoagulant factors	
Fibrinolytic system	
Platelets	
Global coagulation tests	19
Thrombin generation	20
Clinical impact of developmental hemostasis	20
Bleeding disorders	21
Laboratory diagnosis of bleeding disorders	24
Impact of developmental hemostasis on thrombosis in children	25
Impact of developmental hemostasis on anticoagulation in children	27
Women's Health Hematology	
Introduction	
Hemostatic Balance in Pregnancy	
Coagulation Testing in Pregnancy and the Postpartum Period	
Venous Thromboembolism Risk in Pregnancy	
Postpartum hemorrhage	
Hormonal Contraceptive Therapy	
Combined Oral Contraceptives	
Transdermal Patches and Vaginal Rings	
Progestin Partners and Progestin Only Contraceptives	
Hormone Replacement Therapy	
Historical Context	
Transdermal Estrogen and Thrombotic Risk	
Evidence Comparing Oral vs. Transdermal Estrogen	
Current Clinical Guidelines on Estrogen and VTE Risk	42
Conclusion	
Acknowledgements	43

Summary

in the elderly	
Introduction	48
Effect of ageing on hemostasis	
Challenging management of elderly patients on anticoagulant therapy	
Haemorrhagic disease	
Conclusion	
Perioperative and intensive care haemostasis	
Perioperative bleeding and thrombosis	62
Coagulopathies in intensive care patients	
Prevalence of coagulopathies in critically ill patients	
Use of anticoagulant and antiplatelet drugs that may cause	02
perioperative bleeding	63
Causes of prolonged global coagulation times	
Point of care tests	67
Differential diagnosis of thrombocytopenia	67
Disseminated intravascular coagulation	
Management of coagulation abnormalities, bleeding and thrombosis in critically ill patients	
Prophylaxis of venous thrombo-embolism in peri-operative and critically ill patients	75
Key points	75
Hemostasis in cancer patients	
Introduction	80
Pathogenic mechanisms of thrombosis in cancer	80
Characterization and significance of the hypercoagulable state	82
Cancer-associated thrombosis	84
Prevention and treatment of VTE	87
Thromboprophylaxis	87
Treatment of CA-VTE	
Management of bleeding	89
Conclusions	90

Summary

Haemostasis in liver disease	
Introduction	. 94
Chronic liver disease	. 94
Natural history	94
Rebalanced haemostasis in patients with CLD	94
Incidence and risk factors for bleeding in CLD	96
Role of prohaemostatic therapy in patients with chronic liver disease undergoing procedures	99
Risk of venous thrombosis in patients with CLD	. 99
VTE management in patients with CLD	100
Acute liver failure	102
Summary	103
Haemostasis in kidney failure	
Haemostasis and chronic kidney disease	108
Introduction to the pathophysiology of haemostasis in kidney failure	108
Pathophysiology of thrombotic manifestations in kidney failure	108
Pathophysiology of bleeding manifestations in kidney failure	109
Management of kidney failure and prevalence of haemostatic sequelae	111
The effect of dialysis on the haemostatic system	112
Haemostatic assays interpretation in kidney failure	114
Anticoagulant treatment specifics in kidney failure patients	116
Anticoagulant drug use in kidney failure patients	116
Anticoagulant treatment in kidney failure patients with atrial fibrillation	118
Anticoagulant treatment in kidney failure patients with venous thromboembolism	121
Management of bleeding manifestations in kidney failure patients	122
Desmopressin	122
Tranexamic acid	122
Recombinant activated factor VII	123
Erythropoietin and Red blood cell transfusion	123
Conjugated oestrogens	
Conclusions	124